



Walk Kansas 2021

Mar 28 - May 22

Register: walkkansasonline.org

WALK KANSAS EVENTS:

WEEKLY WALKS

**WEDNESDAYS @ 11:30-12:30 - C OF E PARK
(MARCH 31-MAY 19)**

MEDITERRANEAN DIET CLASS

**APRIL 16 @ 10:30 AM & 5:30 PM - K-STATE RESEARCH &
EXTENSION OFFICE (RSVP REQUIRED)**

LEAP! EXERCISE CLASS

APRIL 22 @ 9:00 AM - LOCATION TBD

MAY 14 @ 1030 AM

DOWNTOWN WALK & BINGO AT TWIN RIVERS

MAY 6 @ 5:15-7:30 PM - TWIN RIVERS WINERY

(\$5 CHARGE FOR BINGO)