



RULES FOR FAVORITE FOODS EVENT

April 15th, 2018

Hosted by: Logan Avenue Club

Below are the rules and times for the Favorite Foods Contest. Which will be held at the Anderson Building at the Lyon County Fairgrounds. The fairgrounds are behind the Lyon County Extension Office, which is located at 2632 W US Hwy 50, Emporia, KS 66801.

1. A place setting for one person on a 40 x 40 inch card table or equivalent space. Participants **must bring their own** card tables for set up. Larger entries will be penalized with a lower placing.
2. Settings may be plastic, china, tablecloths, placemats; the emphasis is placed on how well the menu items go together with the occasion of the meal. Please do not include straw, hay, grass, or other such items that create a problem to clean up.
3. Plan a menu which will include the favorite food. Indicate what kind of meal (family supper, Sunday dinner, children's party, holiday, etc.). Select one food item to prepare and bring to Favorite Foods.
4. No hot plates, microwaves, oven or stove will be available.
5. Write or type your menu to share on your table.
6. Write or type a recipe card to share on your table.
7. Participants are encouraged to dress appropriately and match the theme of their dinner.
8. Each contestant will be interviewed (at your table) by the judge for about five minutes. Questions may include planning the menu, nutrients in favorite food, place setting, etc. (See Scorecard)
9. Contest is divided into three classes: Junior (8-10 years), Intermediate (11-13 years) and Senior (14 years or older).
10. Certificates will be awarded at the end of the event.
11. All tables should be setup by 2:00 p.m., registration opens at 1:00 p.m. Judging will begin at 2:15 p.m.
12. Registration cost is \$5.00 and should be paid to Logan Avenue 4H Club.
13. The Top Purples from each class will have the opportunity to present at the Regional event. Best of Show will receive a \$20.00 gift card to Hobby Lobby, donated by the Duggan family of Logan Avenue.

Registration Form (Please complete and turn into Lyon County Extension office or email your form to: acatters@emporia.edu. **Registration should be submitted by April 2nd, 2018.**

Name:

Age:

Division:

Junior

Intermediate

Senior

Club:

Registration Paid:

YES

NO

FAVORITE FOOD SHOW SCORE CARD

Name: _____

County/District: _____ Age: _____

Theme: _____

The 4-H'er should be prepared to tell the judge how to prepare, serve the food, why they selected the table service and dishes, and why the centerpiece is appropriate. The 4-H'er should also be prepared to discuss some of the menus nutritional value with the judge.

	Points Possible	Points Received	Comments
I. THE EXHIBITOR 30 POINTS	-	-	
Appropriate dress	5		
Originality	5		
Interview- eye contact, clarity, volume of voice. Demonstrates understanding of table setting techniques and the menu, food preparation and food safety	20		
II. THE FOOD 30 POINTS	-	-	
Can discuss Nutritional Value & Healthy Portions	10		
Understands preparation of the food item	5		
Appearance of food including portion size	5		
Food safety knowledge	10		
III. MENU WITH FAVORITE FOOD 20 POINTS	-	-	
Appropriate food choices	5		
Understanding of meal preparation time management	5		
Knowledge and experience with this menu	5		
Balanced in color and texture	5		
IV. TABLE SETTING WITH FAVORITE FOOD 20 POINTS	-	-	
Appropriate for menu	5		
Menu and recipe are clear and legible	5		
Attractive-color scheme, dishes, food, placemats, linen, etc.	5		
Appropriate centerpiece	5		
TOTAL	100 points		

Circle Placing (circle one):

1st Senior

1st Intermediate

1st Junior

2nd Senior

2nd Intermediate

2nd Intermediate

Honorable Mention

Honorable Mention

Honorable Mention